

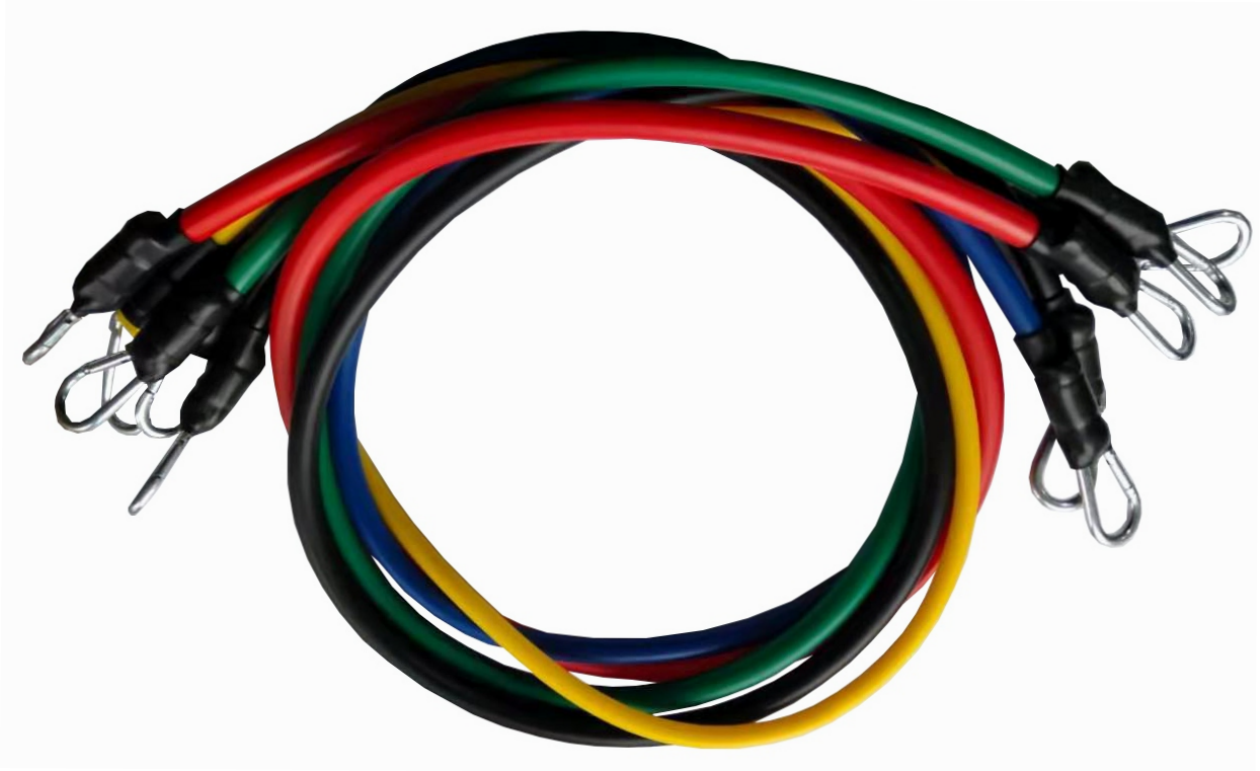
11pcs Resistance Band

5 Color Coded Band

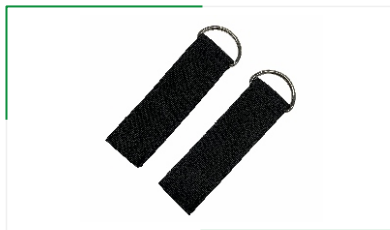
ENER-J®
Smart Home Living

SKU : HG01

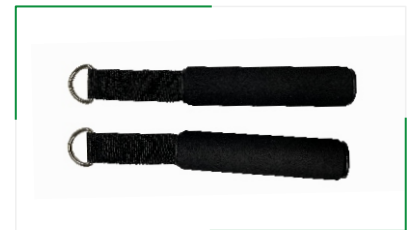
EAN : 7141093839658



Foam Handle



Door Anchor



Ankle Strap

Features

- This exercise band set can be integrated seamlessly with all workout programs including Yoga, Pilates, and Beach Body workouts etc, you can adjust the intensity of your resistance-band workouts to suit your personal goals.
- The band is small, light and can be picked easily in your suitcase or bag by using our carry bag.
- They are the perfect resistance bands for glute/leg training, toning your chest, abs, biceps, triceps and more! The hand grip strengthening set is very effective in increasing the strength, speed and flexibility of the wrist, fingers and forearms.
- Use these fitness bands to perform rows, pulls, raises, and fly workout sets to exercise your arms, back, hips, legs, chest, and abdominal region.
- Designed for activating your entire body, we add 5 different fitness Exercise bands in this set. They are made of high quality TPE (Thermoplastic elastomers), with a good elasticity, strong recovery to make you feel confident and comfortable while stretching.

Specification

Product Name	:	Resistance band KIT
Material	:	TPE (Thermoplastic elastomers)
Resistance Band Qty.	:	5
Color	:	Yellow, green, red, blue, black
Size	:	5*8*1200mm Yellow 5*9*1200mm, Blue 7*11*1200mm, Green 6*11*1200mm, Black 5*11*1200mm, Red
Foam Handles	:	2pcs.
Ankle Straps	:	2Pcs.
Door Anchor Attachment	:	1pcs.
Carrying Pouch	:	1pcs.
Workout Guide	:	1pcs.